



MSCR REC (Recreation & Enrichment Center) Programs

Handbook for High School Parents and Students 2006 – 2007

- **Information on After-School Opportunities**
 - **Information on Extramural Sports**
- **Standards of Behavioral Expectations for High School Programs**



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**Recreation & Enrichment Center (REC)
After-School Program Information
2006-07**

Madison School & Community Recreation (MSCR) Mission

MSCR will enhance the quality of life for individuals in the Madison Metropolitan School District and for the community by providing recreation and enrichment opportunities year-round that are accessible to all.

MSCR Recreation & Enrichment Centers (REC)

MSCR has expanded youth programming to students at the high school level. This year MSCR is offering a variety of recreation, enrichment and academic opportunities after school. The primary focus of these activities is to engage students at their school during the hours immediately following school dismissal. All programs are organized through MSCR with the assistance of the REC Specialist and a variety of club leaders. Please check with the REC Specialist at your school for a complete listing of activities, dates and times.

MSCR Recreation & Enrichment Center (REC) Specialists

MSCR has a full time staff person at each MMSD High School. The 2 REC Specialists split their time between schools. Each REC Specialist is responsible for coordinating a variety of different after school activities at each of their schools, as well as helping distribute information about extramural sports and other MSCR opportunities. The REC Specialists are a valuable resource for enrichment opportunities aimed at high school students. The REC Specialists are also the people to approach with ideas for a club or if parents are looking for volunteer opportunities. For school-specific information, contact the MSCR REC Specialist listed below at your student's school. Due to their split schedules, the REC Specialist may be difficult to reach so please leave a message.

Affiliated Alternatives	Roxanne Rios	204-4348
East High School	Letaurius Robinson	204-1763
LaFollette High School	Letaurius Robinson	204-3640
Memorial High School	Roxanne Rios	442-2220
Shabazz High School	Letaurius Robinson	204-2425
West High School	Roxanne Rios	204-3087

MSCR Administrative Staff

If you have a question, concern or would like to discuss your student's after-school experience the first person to talk to is the MSCR REC Specialist at your student's school. If you need additional assistance please contact the individuals listed below.

- MSCR Specialist for High School Programs:** Diana Miller, 204-4580
- MSCR Program Assistant for High School REC Programs:** Vicki Mejeris, 204-6561
- MSCR Supervisor of High School Programs:** Julie Koenke, 204-3018
- MSCR Therapeutic Recreation Specialist:** Cheryl Dietrich, 204-3042



Transportation

Transportation may be provided for special events or traveling clubs. When transportation is required, it will be provided via a bus, van, or taxi service. All transportation providers are approved through the MMSD Transportation Office. Transportation home after program is the responsibility of each student and their parents.

Registration

Students interested in participating in REC clubs need to complete a green REC registration card for each club they participate in. Students wishing to participate in extramural sports need to fill out an extramural player card for each sport they wish to participate in. Students may register for clubs both at school registration in August as well as throughout the school year as clubs are offered. Extramural registration will have a specified period dependent on the sport season.

Fees

There is a \$15 initial fee for REC. This fee is assessed for the first club a student signs up for. Each additional club the student signs up for is free unless it is a traveling club (climbing, etc.) or a supply intensive club (art, cooking). Additional fees will be charged to cover admission or supplies for those clubs. Extramural fees are \$30 per sport. These fees allow MSCR to provide a wide variety of after school clubs, pay club leaders and officials for extramural sports. Fees may be paid during school registration in August at the MSCR booth.

Scholarships

All students are welcome and encouraged to participate in REC clubs and extramural sports. MSCR does not want the inability to pay to be a hindrance to student participation. For this reason, a scholarship fund is available for after-school activities at each MMSD High School. Families and students who need financial assistance in order to participate are encouraged to apply for a full or partial scholarship. To apply for a scholarship contact the REC Specialist at your student's school.

Services for Students with Disabilities

All MMSD high school students are welcome and encouraged to participate in MSCR after-school programs. If your student needs accommodations, including equipment modification, a one-on-one staff person or other assistance in order to participate in a REC club or extramural sport please contact Cheryl Dietrich at 204-3042. The earlier you can request accommodations, the better prepared MSCR will be to ensure the success of your student.

Permission Forms

MSCR requires that all students participating in an MSCR after-school activity complete and return the MSCR after school permission card (green) to the REC Specialist at their school. These cards enable the appropriate club leader or coach to have the relevant information needed in case of emergency. Additional waivers, permission forms, or information cards may need to be completed based on the individual club or sport.



Recreation & Enrichment Center (REC) Programs

REC Clubs & Extramural Activities

MSCR provides Recreation & Enrichment Centers at each of the six high schools. REC serves as an umbrella after-school center, which provides a wide variety of recreational, academic enrichment and social activities, clubs and events. REC Programs typically operate Monday through Thursday from the time school dismisses until 5:30 p.m. There may be additional hours for special events and school specific activities. Check with the REC Specialist at your school for more specific information. Certain clubs are “city-wide” which means they are offered at all schools and bring students from all the high schools together at one location.

After School Clubs

MSCR will provide organized after school clubs throughout the school year. Clubs are organized at each school by the REC Specialist and club leaders. REC clubs will not duplicate clubs already offered by the individual school (i.e. forensics, debate, etc.). Club times are held at the discretion of the club leader within broad MSCR guidelines. Additional clubs may be offered at each school, based on the interest level, space availability, budget and expertise available at each individual school. Please check with the REC Specialist at your school. MSCR makes every effort to accommodate student interest – if there is a club you would like to see MSCR offer, please let the REC Specialist at your school know. Below is a sample of the clubs that have typically been offered in each school.

ART Club

Season: Dates determined by school

Art Clubs are offered throughout the school year. Teachers or local artists facilitate a variety of after school art projects. These clubs supplement what is offered through the school art classes. An additional fee may be charged for extra supplies.

Bowling Club

Season: Dates determined by school

Bowling Clubs are offered throughout the school year in collaboration with local bowling alleys. Students learn the basics of bowling and may participate in a season ending bowling tournament. Students are either transported or walk to and from the bowling alley. An additional admission fee is charged to participate, scholarships are available through MSCR.

Climbing Club

Season: Dates determined by school

Climbing Clubs are offered throughout the school year in collaboration with the Boulder’s Climbing Gym. Students learn basic skills associated with rock climbing. Students register at their school on a first come, first serve basis and must return a completed Boulder’s Climbing Gym waiver. Depending on student interest schools may offer more than one session. An additional admission fee is charged to participate, scholarships are available through MSCR.

Chess Club

Season: November – March

Chess Club focuses on teaching basic and advanced chess strategies, critical thinking and sportsmanship. Practices are once a week. Dependent on student interest at the school, students may participate in a season ending citywide tournament.



Cooking Club Season: Ongoing throughout the school year
Students have the opportunity to learn to plan a variety of menus. Students also have the opportunity to practice their skills by making a variety of dishes. An additional fee may be charged due to the supply cost.

Diversity Dance Season: Ongoing throughout the school year
Be a part of a diverse group of youth who like to dance. All levels of experience are welcome. All that is required is a positive attitude.

Homework Club Season: Ongoing throughout the school year
Students receive a variety academic of assistance in both large and small group settings. On an as needed basis students may be matched with a tutor or teacher.

Hip Hop 101 Season: October – April
Students are exposed to a variety of different elements that make up the hip hop genre. There are many artist visitors that provide hands on knowledge about the skills needed to be successful in hip hop. This club is offered in partnership with Streets of Gold Productions.

Latin Dance Season: Ongoing throughout the school year
Learn the hottest Latin dances! Everyone has fun learning Cuban street style salsa, meringue and bachata. Before you know it, you'll be showing off simple and even advanced turning combinations! This club is a great way to gain confidence on the dance floor!

Music Production Season: Ongoing throughout the school year
Students learn about what it takes to work in the music industry. Get behind the scenes advice about making, mixing, and producing music.

Ski Club Season: December – February
Ski Club is a program designed to provide opportunities for students to learn both basic and advanced skiing skills, along with providing time for students to ski at local ski hills. Typically, schools offer a minimum of two trips per school. Students register at their school. An additional admission fee is collected for ski lift passes, ski rentals, and lessons; scholarships are available.

Video Production Season: October - March
Students gain confidence working with video equipment while learning to create, film and shoot a video. The goal of the club is to create an original work to exhibit at the Wisconsin Film Festival in March. This club is offered in partnership with the MMSD Media Production department.

Youth Speaks Poetry Season: Ongoing throughout the school year
Students learn the art of spoken word from local master poets. This club provides students with a creative way to express themselves. There are frequent opportunities to perform at exhibitions and competitions. There is even the opportunity to become part of the regional Youth Speaks team! This club is offered in partnership with the University of Wisconsin.



Extramurals & Sports

MSCR provides opportunities for youth to participate in the team sports of volleyball, basketball and soccer. Teams are self-organized and then matched with volunteer coaches. Teams practice one night per week and compete against other MMSD schools on Saturdays. MSCR offers two divisions of play to ensure that teams are evenly matched by age. The Intermediate division is comprised of ninth and tenth grade students. The Metro division is made up of eleventh and twelfth grade students. In the fall, MSCR offers boys soccer as well as girls and coed volleyball. In winter, the Intermediate boys play the first round of basketball. The second half of the season is devoted to the Metro boys and the girl's league. Spring features girl's soccer. The seasons are meant to mirror the WIAA seasons. The league is meant to provide opportunities to those students who are not participating in the WIAA sport that season. In other words, a student playing varsity basketball would not be allowed to participate in Extramural basketball; however they would be allowed to participate in coed volleyball. Additionally, the MSCR season will always begin after the cuts have been made for the WIAA teams. This will allow those students who have been "cut" to then play in the Extramural leagues. Extramurals focus on participation and good sportsmanship, not solely on competition.

MSCR will also be providing non-traditional sport opportunities that will vary by the interest and space availability of each school. Additionally, MSCR will focus on individual fitness opportunities. The emphasis of the athletic program will be on participation and sportsmanship. An adult will be present to supervise and facilitate games, but teams will be student organized. No additional fees will be charged for non-traditional sports or fitness activities. The following are examples of possible offerings:

Team sports:	Non-traditional sports:	Fitness Activities:
Basketball	Kickball	Aerobics
Soccer	Wiffle Ball	Self-defense
Volleyball	Ultimate Frisbee	Yoga

Special Events

MSCR will be sponsoring special events throughout the year. There will be events held at the Lussier Teen Center and at the individual schools. As these events are scheduled, information will be distributed to students through the school REC Specialist. Many special events will be held in collaboration with the REC Clubs and may be a featured "season-ending event". For example, there is an annual chess tournament, Youth Speaks exhibitions, Drill and Dance team festival and a possible bowling tournament. There will also be several purely social opportunities for youth at the Lussier Teen Center. While these events are typically held on Friday or Saturday evenings, behavior expectations are still enforced and MSCR will staff our special events. Additional admission will be charged for the events at the Lussier Teen Center.



Standards of Behavioral Expectations for MSCR High School Programs

MSCR in conjunction with Madison's high schools aim to offer excellent programs, clubs, and sports after the regular school day. The opportunity to participate is a privilege extended to all students. But with the right to participate comes the responsibility of managing one's behavior in a way that is appropriate for the program and that positively represents the student's school. For this reason, students and parent/guardians are asked to read and agree to the expectations of behavior and consequences for misbehaviors below.

Student Behaviors:

DO

1. Follow directions of program leader or coach.
2. Respect the property and facilities being used.
3. Use words that encourage others.
4. Be prompt in arriving at your program.
5. Treat other students with respect.
6. Remain in your program for the complete time.
7. In competition, practice good sportsmanship.
8. Use equipment appropriately.
9. Have fun!

DON'T

1. Refuse to cooperate or disrespectfully treat leaders.
2. Vandalize or damage property.
3. Use inappropriate language (swearing) or volume.
4. Be late or inappropriate in the hallways.
5. Be verbally and/or physically aggressive with others.
6. Leave programs without permission.
7. Taunt, harass or threaten others.
8. Endanger self or others.
9. Prevent others from having fun.

Consequences for Misbehaviors:

Depending on how serious the misbehavior is, students may need to miss part of a program activity, be suspended from after-school programming for a time period, or miss games in sports activities. Adult leaders will follow a standard set of rules and consequences (see page 6) in any discipline situation. When students are suspended from after-school activities, they will need to agree to conditions before they are allowed to re-enter a program. When serious misbehaviors occur, students will be required to bring home a form for parent/guardians to review, sign and return as soon as possible. Failure to return the form will result in the student not being allowed to participate in their program.

Madison's high schools want after-school programs to be fun places to learn important things. Students' positive attitudes, sense of fairness and respect, and desire to cooperate make a big difference in the quality of the activities. Together we can make our after-school programs the best!



Consequences

When a participant breaks the rules of the after-school program, the misbehavior will result in consequences described in the three-level system below:

Misbehaviors	Consequences
<p>LEVEL 1</p> <ul style="list-style-type: none"> ● Refusing to comply, but not disrupting others' participation ● Vandalism which can be cleaned up ● Inappropriate language (screaming, yelling, swearing, disrespectful talk) ● Not reporting to the program in a timely manner ● Not respecting others' property (tampering, "messaging with") ● Falsifying permission slips/passes ● Gum/food issues 	<ol style="list-style-type: none"> 1. Staff will talk to the student about the misbehavior. 2. If the misbehavior is repeated, the staff will complete a <i>Behavior Processing</i> form with the student. One copy will be sent home for a parent/guardian signature, one copy is sent to principal, and one copy is kept on file with the program. 3. If misbehaviors are repeated, staff may suspend student from the program for the day following the misbehavior incident.
<p>LEVEL 2</p> <ul style="list-style-type: none"> ● Being verbally or physically aggressive with another student ● Harassing, taunting, or threatening students ● Leaving programs without permission ● Defiantly refusing to comply resulting in a disruption to others' participation ● Permanent damage to property ● Unsafe behaviors (e.g. inappropriate use of equipment or materials) ● Not "paying" the consequences determined from a LEVEL 1 infraction 	<ol style="list-style-type: none"> 1. Staff will fill out a <i>Behavior Referral</i> form. 2. Depending on the seriousness of the misbehavior, the Recreation & Enrichment Center Activity Director or school administrator may suspend the student from the program for 2-4 days. Details of the suspension will be communicated with the home within 24 hours. 3. For sports, athletes will be suspended from at least one game.
<p>LEVEL 3</p> <ul style="list-style-type: none"> ● Swear at or threaten a staff member* ● Hit a staff member* ● Are verbally or physically aggressive with a staff member* ● Possess a weapon or use or threaten to use a weapon (penknives are classified as weapons)* ● Sell, deliver or possess alcohol, tobacco or controlled substances* ● Battery or sexual assault* ● Endangering the safety of self and others 	<ol style="list-style-type: none"> 1. Student will be immediately removed from the program. Staff will fill out a <i>Behavior Referral</i> form. 2. If the student has broken the law, staff will contact the police. 3. Student will be suspended for a minimum of five days and for re-entry into the program may be required to perform some kind of restitution or service to school. 4. For sports, students will be suspended for at least 50% of games and practices as determined by the administrator. 5. Depending on the seriousness of the misbehavior, student may be removed from after-school programs. 6. The decision of the Recreation & Enrichment Center Activity Director or administrator will be communicated to the student, parent/guardian, and staff involved.